



THE INNOVATIVE MULTISPORT METHODOLOGY

- report -

Area	Details
Description	<p>The implementation of a Multisport Campus by ACD LA HOYA for boys and girls was an educational proposal whose main objective was to train our children some values through play and sport. The initiative of the project arose in response to different reasons:</p> <ul style="list-style-type: none"> - To give children the opportunity to spend their non-teaching time practising different sports in a playful and pedagogical way; - To try to help reconcile family life with work. <p>With our project we took advantage of the leisure and the free time in an EDUCATIONAL, FUN and HEALTHY way. We seeked the integral formation of the person, promoting a series of social, educational and personal values.</p> <p>We, thus, offered the Multisport Campus where children practiced and learned about all kinds of sports or the football campus which aimed at all those who are passionate about this sport.</p> <p>The Campus was aimed at all boys and girls aged between 4 to 12 years old.</p> <p>It was based on a 4 hours activity, every day (from Monday to Friday) for 5 weeks.</p> <p>SOME NUMBERS PERIOD: 28/6 – 30/7 Multisport Campus N° HOURS: 112,5h (4, 5 hours per day) N° PARTICIPANTS: 65 N° SPORT OFFERED: 14 (Flag ball, Bases, football, Athletics, Volley, Calpbball, ultimate, indiacă, badminton, yoga, slackline, orientation, goalball, artzikirol, datchball).</p>
Methodological approach	<ol style="list-style-type: none"> 1. The whole team at ACD LA HOYA worked to try to ensure that our children enjoy themselves and have meaningful experiences, making them the protagonists of their own learning. We created these meaningful experiences with new concepts and others that they already had, with this we try to give meaning to everything they are doing. 2. 3. The basic principles of our methodology are: 4. GLOBAL 5. CONSTRUCTIVIST 6. ORIENTATIONAL 7. SIGNIFICANT 8. FLEXIBLE 9. ACTIVE
Success or innovation factors	<ul style="list-style-type: none"> - The achievements we have had through the multisport campus have been the great welcoming and support received from the parents and above all from the community, who have given us their support in this adventure. - - We have also been very lucky with the group of sports monitors/educators that we have had during the 5 weeks, as they have blended in a very effective way, and because we had many children, we have had to rotate the sports to not have to saturate the material.
Constraints / Weaknesses	<ul style="list-style-type: none"> - The practice of different sports for 5 consecutive weeks, from the third week onwards got the children tired. - - The heat has also affected a lot, as we have had very hot days with 35-40 degrees Celsius, so we had to modify the activities and adapt them so as to implement them indoors.



<p>Replicability / Opportunity for future use</p>	<ul style="list-style-type: none"> ● The campus Multideporte will be replicated, since next year the children are waiting anxiously for these activities. ● ● Our colleagues and friends from Baia Jovens, after the good reception that we had with campus have replicated our idea in September with a great reception also, so the concept of multisport has entered well the rural area of elche.
<p>Activities</p>	<ul style="list-style-type: none"> - The project had 3 phases. - Preparation: The months before the multisport campus, the members of the organisation have been in contact with the town hall and the entity for the cession of spaces and materials, we have been in contact with the monitors for the preparation of the project and had different meetings with the parents to keep them informed. - - Development: <ul style="list-style-type: none"> - The contact between the parents and the monitors has been daily and cordial. The communication between the organisation and the monitors has been daily and at the end of the week there has been a meeting to evaluate the week and prepare the next one. - - Evaluation: <ul style="list-style-type: none"> - At the end of the camp, both monitors and members of the association involved in the camp had several meetings to evaluate the camp and consider which are the things to improve for next year. - We have also sent an evaluation to parents and children.
<p>Logistic</p>	<p>Polideportivo La Hoya Sport facility inside and outside.</p>
<p>Materials and equipment</p>	<ul style="list-style-type: none"> - We have obtained and bought material for the practice of all sports; these materials have been used later by our friends of Baia Jovens for the replica of the campus, giving a good use to the materials.
<p>Administrative / Bureaucracy</p>	<ul style="list-style-type: none"> ● We have received confirmation of the transfer of the space from the city council. ● All the children have registered online via a form in order to collect all the data. ● They have sent us the ID cards of all the children to make general insurance, and a sheet with the acceptance of the conditions of the campus and the use of the images.
<p>Recruiting of participants</p>	<p>The participants have been selected once they have registered in the form and they were divided in groups; we had a waiting list of 35 people that were included in the campus as well, as we had a great demand for our activities.</p>
<p>Communication with participants</p>	<ul style="list-style-type: none"> - Communication with parents has been via WhatsApp groups for the different age groups and a general group for doubts and questions.
<p>Communication with stakeholders and media</p>	<ul style="list-style-type: none"> - We have involved different stakeholders, such as Elche city council, associations of La Hoya, the school, the high school, etc.
<p>Evaluation</p>	<p>The evaluations we have carried out have been:</p> <ul style="list-style-type: none"> - Daily assessment with the children; - Weekly evaluation with the monitors; - Weekly evaluation with the parents; - Final evaluation with the children and parents; - Final evaluation with monitors and the organisation.