

MULTISPORT CULTURE IS THE RESPONDING TO THE NEEDS AND BRINGING INNOVATION APPROACH TO A PERSISTENT GAP BETWEEN UNIVERSALLY SHARED SCIENTIFIC RECOMMENDATIONS AND THE DOMINANT SPORTS OFFER FOR CHILDREN AND YOUNGSTERS THAT TENDS TO EARLY SPORT SPECIALIZATION IN ALMOST ALL THE LOCAL COMMUNITIES.



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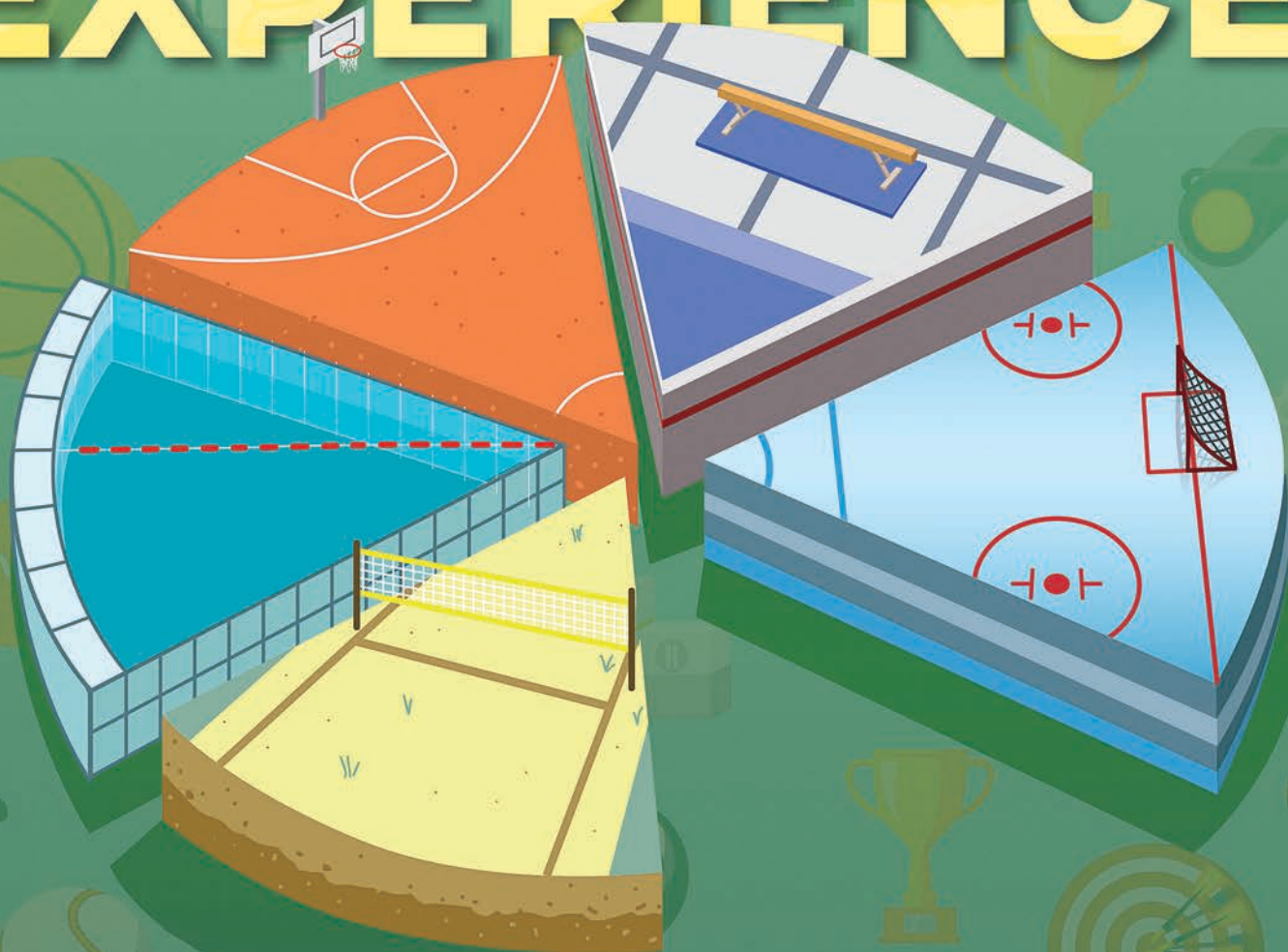


MULTISPORT EXPERIENCE



Erasmus+

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AIM OF THE PROJECT

The project aims to promote a multisport approach to youth physical literacy, based on the promotion of a precise cultural matrix articulated around 3 key concepts:

Physical Literacy

to develop the ability and motivation of the children to capitalize on their movement potential, not only to move efficiently, but also move creatively, competently, with enthusiasm and with emotional and social intelligence.

Long Term Athlete Development

to use a developmentally appropriate approach towards children aged 6-12 by focusing on the first three stages of this model because specifically dedicated to encourage physical literacy and sport for all:

“Active start”
“FUNdamentals”
“Learn to train”

Sport for life

to conceive quality sport towards children as sport delivered with a focus on the optimal holistic development of each individual to make a significant contribution to their

PROJECT OBJECTIVES

To develop new concrete opportunities based on multisport approach for children aged between 6 and 12 years old.

To design a MODEL of multisport practices that unifies the richness of territorial sports offer and the educational concerns for balanced growth & empowerment of children based on improved soft skills.

To enhance the skills of the key operators through sharing experiences and good practices between partners about this specific topic.

To spread the culture of multisport & multidisciplinary in sports in the local communities by increasing knowledge and awareness about the benefits of this developmental approach, towards all the stakeholders (parents, instructors, clubs, municipalities).



EU ADDED VALUE OF THE PROJECT

Development of a European thematic work group of Trainers, Educators and Coaches focused on the development of Physical Literacy of childhood and youth, laying the foundations for a new European Network of organizations active in the field of sport education and training.

Filling an “empty space” in the existing offer of European projects exploring the educational dimension of sport for children.

Qualitative preparation of a deeper and larger European cooperation in the field project aims

Increasing organisations capacity to operate at transnational level, exchange good practices, confront ideas and methods about physical literacy, long-term athlete development and sport for life.

Implementation of a EU MULTISPORT Platform aimed at creating an entry point and knowledge hub.

